

List of Suppliers

For moderate/ severe sensitivities

This is a brief list of suppliers that may be suitable for moderate and severe MCS. Companies listed are not necessarily the cheapest or best, but are provided to give you an idea of where to start. Other suppliers are available and a reminder of companies offering discounts is in each section for those with mild to moderate sensitivities.

The suppliers names are in bold, full contact details can be found at the end.

We have also listed other suppliers who might be of interest.

Got something to add? Email us: info@mcs-aware.org

Post: 56 Gaping Lane, Hitchin, Herts, SG5 2JE



MCS-Aware.org

The Charity for
Environmental Illness

JULY 2012



ORGANIC, UNDYED TEXTILES

Underwear and Bedding

Cotton: **Greenfibres, Eczema Clothing, Natural Clothing**

Bamboo: **Between the Sheets, 100Bamboo**

Hemp: **Rawganique**

Silk: **So Organic, Greenfibres, Between the sheets**

Beds and Mattresses – **Greenfibres, Pure Nature**

Silk pillow: **Clifton Silk Gifts**

Dust Mite covers: Cotton - **AllergyBestBuys, Healthy House**

Zips, buttons, lace etc – **NearseaNaturals (USA)**

Organic cotton gloves- **Eczema Clothing**

Nappies & Baby - **Natural Clothing, Spirit of Nature, The Organic Baby Company, Cambridge Baby**

Undyed Fabrics – **Greenfibres, Hemp Fabric UK (includes bamboo and soy etc), NearseaNaturals**

Organic Clothes and Fabric

Cotton - **Bishopston Trading, People Tree, Gossypium, Greenfibres , Gudrun Sjoden , Drapers Organic Cotton, Hemp Fabric UK**

Hemp – **Rawganique, Hemp Fabric UK**

Bamboo: **Bamboo Textiles Ltd, Hemp Fabric UK**

Wool: **Tapestry Knitwear, Garthenor, People Tree, Elm House Products**

Shoes: Vegetable tanned leather – **Greenshoes, Po-Zu, El Naturalista, Cambridge Baby**

Wool insoles: **Cambridge baby, Natural Clothing**

Organic slippers – **Natural Clothing (wool), Rawganique (hemp), Natural Collection (cotton)**



ALLERGY AND MCS

Air and water filters, face masks, general MCS and allergy – **AllergyBestBuys, HealthyHouse, PureNature, NEEDS (USA), AEHF (USA)**

Water Purifiers (choice of carbons) – **Fresh water Filters**

Air purifiers for severe MCS (choice of carbon for filters) – **E.L. Foust.co**

Face masks in silk or cotton with untreated charcoal - **Sandra DenBraber**

Oxygen , ceramic masks and tubing – **Pure Nature, AEHF (USA)**

Discount From: Fresh water Filters



FOOD

Specialist flours, health foods, organic groceries – **DietaryNeedsDirect, Goodness Direct**

Organic Meat & Game – **Graig Farm, Eversfield Organic**

Wild game, oven ready (not organic) - **Wild Meat Company**

Ostrich meat and eggs - **Oslinc**

Rare Meats (kangaroo, ostrich etc) - **Osgrow**

Specialist organic oils – **Tree Harvest** (specify glass bottles)

Sorghum (juwar/ milo) and bajari [*pronounced bad-ra*] (millet) flours - **Jalpur Millers (manufacture and queries)**, or from any **Asian grocers**

Organic vegetable delivery (plus other meat, groceries etc) – **Abel and Cole**

Supermarket delivery by phone/internet – **Sainsburys**

Discounts From: Goodness Direct



WATER

Most often tolerated (usually depends on PH of water and what the bottles are cleaned with) are Highland Spring and Belu. For bulk orders contact the manufacturers to find a wholesale distributor in your area and ask for a discount because you're ordering due to medical necessity.

Other brands - try **Waitrose** supermarket for a good range in glass bottles. For advice on mineral value and PH of brands, or to buy - **Aqua Amore**

Water Purifiers (choice of carbons) – **Fresh water Filters**

Discounts From: Fresh Water Filters



SUPPLEMENTS

Supplements – **NutriCentre**

Homeopathy supplies & advice - **Ainsworths**

DISCOUNT- NutriCentre



ELECTRO- SENSITIVITY- ask for separate ES Directory.

Shielding & products – **EMFields, PureNature24**

Safelevel.com (USA) provide out gassed computers (air for 2 hours before using) and other electrical products including Apple i-pads etc. Their computers have lower electrical and chemical emissions, but not zero.

If ordering a computer request a rollerball mouse, NOT infra red. Other companies offer shielded computers and shielding products – ask for the ES Directory.

Alternatively put the computer tower & modem in a vented cupboard, then shield and earth the cupboard.

Machines or crystals to neutralise Geopathic Stress **Dulwich Health, Healthy House, Debbie Rye**

Discounts From: Tom's Gadgets, The Solar Centre



DECORATING

Always ask for testers first and check returns policies before buying.

Ecomerchant (Livos products include wallpaper paste, tile adhesive that can be used as grout, and 'polyfiller')

Paints and other useful bits -**The Green Shop**

Aluminium sticky tape available from D.I.Y, electrical or plumbing stores (usually used for laminate flooring or insulation). Gives an airtight seal. Very useful for gaps in floorboards etc. If you're electrically hypersensitive make sure you earth it - **Screwfix**

Ecological building and decorating materials, includes clay plaster - **Construction Resources**
Shellac flakes and alcohol (pure alcohol could also be prescribed by a helpful doctor), which can be mixed to form a varnish which will adhere to most surfaces (including vinyl) and seals in about 80% of fumes. Mix 50g shellac flakes with 250ml alcohol. Takes a few hours to dissolve - **Finney's Wood Finishes**



FURNITURE

Try secondhand shops for outgassed furniture. Make sure it has not been treated with woodworm or timber preservative treatments. For new furniture try: **Greenfibres, Organic Furniture** (made to order by James Noble), **Harlands Organic Furnishings** or contact a joiner in your area. Avoid composite woods like brand new mdf, new hardboard and chipboard as they contain formaldehyde glues. Use non-resinous hardwoods.



TOILETRIES – suggestions for moderate/ severe MCS

Always ask for testers first and check returns policies before buying. Look at ingredients and avoid limonene, linalool and 'parfum' as these mean fragrance.

Shampoo:

Suma Clean and Clear shampoo – **Goodness Direct**

Urtekram No Perfume – **Goodness Direct**

Wash Clay for hair and bodies (mix clay into a paste, wet hair/body, rub in, then rinse) - **Greenfibres**
Caurnie Pure Shampoo

Soap nuts

Shower Gel:

Caurnie

Urtekram No Perfume – **Goodness Direct**

Or use any fragrance - free soap

Soap:

Dr Brohner Pure Castile (liquid) – **Healthfood Shops, Goodness Direct**

Sonett curd soap - **Greenfibres**

Sonett Neutral (liquid or bar) **Healthfood Shops**

Urtekram No Perfume– **Goodness Direct**

Urtekram Fragrance Free range– **Goodness Direct**

Sonett Curd Soap (coconut oil) - **Greenfibres**

Olivio soap (olive oil) - **Healthfood Shops**

Caurnie liquid and block soaps - **Caurnie**

Sodasan Organic Curd Soap (palm oil, no coconut) - **There Must be a Better Way**

Soap Nuts

Deodorant:

Crystals, Crystal spray or PitRock crystal (not the PitRock spray)- **Healthfood Shops**

Alternatively mix 1/3 cup of bicarbonate of soda with ½ tsp of fine salt and apply immediately after washing.

Cosmetics:

Earth's Beauty, Suncoat, NVey – **The Natural Skincare Company, Survana, MyPure, Absolutely Pure, There Must Be a Better Way**

Razors – prize out any fragrant strips before using.

Suncream: Green People Baby, Soleo Organics Sun Screen, Caribbean Blue – **Goodness Direct, So Organic, The Natural Skincare Company** (free samples) or **Healthfood Shops**

Moisturiser:

Any nut/seed/vegetable oil eg almond, safflower, coconut, shea butter - **Tree Harvest , Aromatic, Healthfood Shops**

Toothpaste:

Make sure your toothpaste is fluoride free. Try Kingfisher, **GreenPeople, Biosis Toothpowder** (clay). Soladey toothbrushes do not require toothpaste – **Soladey , Healthfood Shops**
Brushes with natural bristles – **So Organic, Elm House Products**

Sanitary:

NatraCare disposable sanitary pads and tampons are made from organic cotton and are plastic-free – **Healthfood Shops and supermarkets, Goodness Direct**

Washable pads and tampons – **Honour Your Flow, EarthWise Girls**

Alternative tampons including sponge sea pearls, and silicon Mooncups - **EarthWise Girls**

Contraceptives: Condoms without lubricant and latex free - **C.C. Healthcare, Pure Nature**

Discounts From: Goodness Direct, Sukin, NATorigin, Gentle Beauty, Purity Organic Skincare,



CLEANING

WHERE A SUPPLIER ISN'T SPECIFIED, TRY GOODNESS DIRECT/ NATURAL COLLECTION/ PURE NATURE

E-cloths or microfibre cloths for dusting, glass, polishing – **Lakeland, Natural Collection**

Steam gun for sanitising and cleaning – **Argos, Lakeland**

Original borax (sodium tetraborate, *NOT* borax substitute) kills mould and woodworm- **Green Shop**

Hydrogen Peroxide for sanitising and bleach- **Nutri-Centre**

Toilet cleaner: Earth friendly, Bio-D, OXY-Flush (Ingredients: Sodium percarbonate, soda ash, surfactants) –**Goodness Direct, Natural Collection, Refreshinglyfree** (oxyFlush)

Ecover cream cleaner- **Healthfood Shops**

Washing up liquid: BioD, Earth Friendly, **Curnie**

Wooden brushes: **Natural Collection, Pure Nature**

Dishwasher detergent: Sonnet, BioD, Violets - **Goodnessdirect, Greenfibres, Natural Collection, Homescents** (Violets)

Laundry- ideas for severe MCS

BioD powder- **Oxfam, Goodness Direct, Natural Collection**

Ecos unscented liquid – **Natural Collection**
Sonett Natural powder or liquid- **Greenfibres**
Violets unscented - **Homescents**
Ecover Zero
Bicarb of soda/ washing soda
Eco balls
Soap flakes (you can grate your own, then dissolve in hot water)
Fabric conditioner : White (clear) vinegar – **Supermarkets**
or Sonnet fabric conditioner (Citric acid) – **Greenfibres**

Bulk buy vinegar and soda - **Summer Naturals**

Discounts From: Homescents, Goodness Direct



MISCELLANEOUS

Jewellery : glass, ceramic, surgical plastic, nickel or metal free – **Serenity Jewellery**
Nickel free belt buckles - **AllergyBestBuys**

Paper: Choose acid free water colour/ cartridge paper from art shops or try Evolve Paper which is recycled and chlorine free- **Natural Collection**

Ink: try propelling (mechanical) pencils / fountain pens/ artist's odourless artist's felt tip pens eg Tombow – **Cult Pens**

Books: on cassette / CDs from your library

Or use a sheet of stiff Perspex, or glass to lay on top of the book,

Or Sony E-Reader model PRS 650 (made of aluminium, needs very little outgassing, low electro-magnetic field, no Wi-Fi)

Build a reading box with a fan: Simply a box with a toughened glass top. Cut 2 holes in the side for your hands. Cover the holes with fabric to keep the fumes in. Fit a small (e.g. computer) fan and pipe (e.g. metal tumble dryer ducting) at the back if required to vent fumes. Hang the pipe out of a window. Example size big enough for magazines: L49cm x W34cm x H15cm. Contact the charity **REMAP** who may make one for you.

Gardening: Organic topsoil – **Dandys Topsoil**

Gardening products and organic seeds – **Chase Organics, Tamar Organics**

Discounts From: Tamar Organics

DISCOUNTS: For codes and more information see **Discount Codes Book**.

Buying Products from Abroad & Exemption from VAT & Import Taxes

You don't have to pay VAT or import duty taxes if you're buying products specifically designed for the disabled. This includes MCS. For more information and the relevant forms, order the following booklets:

VAT Reliefs for Disabled People: 701/7

Importing Goods for Disabled People Free of Duty and VAT: 371

Advice and booklets available from: www.hmce.gov.uk Phone: 0845 010 9000

If you're buying from abroad and the cost of the goods is over a certain amount, the UK customs department will add VAT and there will be an extra charge to pay when your parcel arrives. HMCE (above) can advise you on how much this is. It may work out cheaper to split your delivery into two smaller parcels each of less value. If this is something you want to do advise the company you are ordering from as they will not know anything about UK customs tax. Alternatively just place two separate orders that cost under the VAT threshold.

SUPPLIERS A-Z

Company Name	Website	Email	Phone	Address
100% Bamboo <i>Fabric and bedding</i>	www.100bamboo.com	info@100bamboo.com	020 8123 7417	77 Parkhurst Fields , Churt, Farnham, Surrey, GU10 2PQ
Able and Cole <i>Organic food and vegetables</i>	www.abelandcole.co.uk	organics@abelandcole.co.uk	0845 2626 262	16 Waterside Way, Plough Lane, Wimbledon SW17 0HB
Absolutely Pure <i>Toiletries</i>	www.absolutelypure.com	info@absolutelypure.com	020 7193 6812	-----
Ainsworths <i>Homeopathy</i>	www.ainsworths.com/company	london@ainsworths.com	0207 935 5330	36 New Cavendish Street London W1G 8UF
Allergy Best Buys <i>MCS products</i>	www.allergybestbuys.com	info@allergybestbuys.com	0127 4565 699	Hill Top Farm Heights Lane Bingley BD16 3AF
Allergy Matters <i>Products for MCS</i>	www.allergymatters.com	info@allergymatters.com	020 8339 0029	Allergymatters Ltd, 5a Kingston House Estate, Portsmouth Rd, Long Ditton, Surrey, KT6 5QG
AEHF: American Environmental Health Foundation <i>MCS products</i>	www.aehf.com	aehf@aehf.com	001 214 361 9515	8345 Walnut Hill Lane, Suite 225 Dallas, TX 75231, USA
Angela Stevens <i>Yoga for ME and relaxation CDs</i>	www.angela-stevens.co.uk	info@angela-stevens.co.uk	01892 782 865	Laminga, Southview Road, Wadhurst, East Sussex, TN5 6TL
Aqua Amore <i>Bottled water</i>	www.aqua-amore.com	website@aqua-amore.com	020 8874 7589	Unit B139 Riverside Business Centre, Bendon Valley, Greater London SW18 4UQ
Aqua Cure <i>Chlorine Filters</i>	www.aquacure.co.uk	sales@aquacure.plc.uk	01704 516 916	Aqua Cure House, Hall Street, Southport, PR9 0SE

Argos	www.argos.co.uk	-----	0845 640 3030	various stores nationwide
Aromatic <i>Oils and soap ingredients</i>	www.aromatic.co.uk	-----	01309 696 900	17 Tytler Street, Forres Moray, IV36 1EL
Bamboo Textiles Ltd	www.bamboo-textiles.co.uk	info@bamboo-textiles.co.uk	08448 26 2525	Oxford Court, Oxford Street Accrington, Lancashire, United Kingdom, BB5 1GR
Between The Sheets	www.betweenthesheets.com	contact@betweenthesheets.com	01380 739234	Between the Sheets, B2 Beacon Business Centre, Hopton Park, Devizes, Wiltshire, SN10 2EY
Building Investigation Testing Services	www.building-testing.com	bitslab@btconnect.com	01737 765432	Quarryside Business Park Holmethorpe Industrial Estate, Watercolor, Thornton Side Redhill, Surrey RH1 2LJ
Big Green Smile <i>Organic household and toiletries</i>	www.biggreensmile.com	customerservices@biggreensmile.com	0845 230 2365	Big Green Smile Ltd, First Floor, Equity House, 57 Hill Avenue, Amersham, Buckinghamshire, HP6 5BX
Biosis <i>MCS Products</i>	www.ecolifeshop.co.uk	info@biosis.ltd.uk	0845 004 4844	11 Carters Close, Torriano Avenue, London, NW5 2ST
Bishopston Trading <i>Organic clothes</i>	www.bishopstontrading.co.uk	mail@bishopstontrading.co.uk	0117 9245 598	193 Gloucester Road, BRISTOL, BS7 8BG
By Nature Ltd <i>Eco goods</i>	www.bynature.co.uk	info@bynature.co.uk	0208 488 3556	71 Avoca Road London SW17 8SL
C.C. Healthcare	www.condoms-condoms.co.uk	enquiries@condoms-condoms.co.uk	-----	-----
Cambridge Baby	www.cambridgebaby.co.uk	help@cambridgebaby.co.uk	01223 572228	
Caurnie <i>Soap</i>	www.caurnie.com / www.bigbarn.co.uk/marketplace/vendors/caurniesoaperie		0141 776 1218	The Organic Herb Garden, Canal Lane, Kirkintilloch, Glasgow, G66 1QZ
Chase Organics <i>Organic gardening</i>	www.organiccatalogue.com	-----	01932 253 666	Riverdene Business Park, Molesey Road, Hersham, Surrey, KT12 4RG
Clifton Silk Gifts <i>Including pillows and eye masks</i>	www.silkgifts.co.uk	enquiries@silkgifts.co.uk	02392 655518	-----
Construction Resources <i>Eco building</i>	www.constructionresources.com	info@constructionresources.com	0207 2321 181	111 Rotherhithe Street London SE16 4NF
Cult Pens <i>Pencils and odourless pens</i>	www.cultpens.com	sales@cultpens.com	0845 293 0515	Cult Pens, The SQL Workshop Unit 5 Tiverton Trade Centre, Lowman Way, Tiverton EX16 6SR

Dandy Topsoil <i>– organic topsoil</i>	www.dandystopsoil.co.uk	sales@dandystopsoil.co.uk	0845 456 3089	4th Avenue, Zone 2 Deeside Ind Park Flintshire, CH5 2NR
Debbie Rye <i>Dowsing and geopathic stress</i>	www.alternativeways.co.uk	dar@alternativeways.co.uk	01638 742022	April Cottage, 100 Silver Street, Burwell, Cambridgeshire CB25 0EF
Dietary Needs Direct <i>Food</i>	www.dietaryneedsdirect.co.uk	info@dietaryneedsdirect.co.uk	01453 790 999	25 Church Street, Stroud, Gloucestershire, GL5 1JL
Drapers Organic Cotton	www.drapersorganiccotton.co.uk	care@drapersorganic.co.uk	0845 2603 560	Draper's Organic. PO Box 588, Godstone, Surrey, RH9 8WX
Dulwich Health <i>Geopathic stress</i>	www.dulwichhealth.co.uk	shop@dulwichhealth.co.uk	0208 6705 883	130 Gipsy Hill, London SE19 1PL
E L Foustco <i>Air purifiers</i>	www.foustco.com	sales@foustco.com	001 6308344952	754 N. Industrial Dr. Elmhurst, Illinois 60126, USA
Earth Wise Girls <i>Sanitary goods</i>	www.earthwisegirls.co.uk		01865 408040	Earthwise Girls, 40 Westfield Road, Long Wittenham, Abingdon, Oxon, OX14 4RF
Earth's Beauty <i>Cosmetics</i>	www.earthsbeauty.com	info@allnaturalcosmetics.com	001888.586.9719	PO Box 701, Dewey, AZ 86327-0701 USA
Eco Earth Fabrics	www.ecoearthfabrics.com	sales@ecoearthfabrics.com	0117 230 0151	7 Windsor Avenue St George, Bristol, BS5 8RF
Ecomerchant <i>Decorating</i>	www.ecomerchant.co.uk	_____	01795 530 130	Head Hill Road, Goodnestone, Nr. Faversham, Kent, ME13 9BU
Ecos Paints	www.ecospaints.com	mail@ecospaints.com	0152 4858 978	Unit 19 Heysham Business Park, Middleton Road, Heysham, Lancs LA3 3PP
Eczema Clothing	www.eczemaclothing.com	enquires@eczemaclothing.com	0844 245 1168	Cotton Comfort, P.O. Box 637, Wetherby Road, York, YO26 0DQ
Elm House Products <i>Various</i>	www.elmhouseproducts.co.uk	-----	01986 783833	Elm House Products Ltd. - St. Margaret - Harleston - Norfolk IP20 0PJ
El Naturalista <i>Shoes</i>	www.amazon.co.uk/El-Naturalista/e/0462743031	-----	-----	via amazon
Electric Forester <i>Electro-sensitivity measuring</i>	www.electricforester.co.uk	moreinfo@electricforester.co.uk	01223 911 893	344/346 High Street, Cottenham, Cambridge, CB24 8TX
EMFields	www.emfields.org	info@emfields.org	0135 3778 814	2 Tower Road, Sutton, Ely, Cambs, CB6 2QA.
Eversfield Organic <i>Meat</i>	www.eversfieldorganic.co.uk	info@eversfieldorganic.co.uk	0183 787 1400	Ellacott Barton, Bratton Clovelly, Okehampton, Devon EX20 4LB

Finney's Wood Finishes <i>Shellac</i>	www.mdfinney.co.uk	info@finneyswoodfinishes.co.uk	0124 6261 664	Riverside, 655 Sheffield Road, Sheepbridge Business Centre, Derbyshire S41 9ED
Fresh Water Filters	www.freshwaterfilter.com	mail@freshwaterfilter.com	0845 177 0896	Unit 3 Old Winery Business Park, Chapel Street, Norfolk NR10 4FE
Garthenor Wool	www.organicpurewool.co.uk	garthenor@organicpurewool.co.uk	0845 408 2437	Garthenor Organic Pure Wool, Llanio Road, Tregaron, Wales, SY25 6UR
Gentle Beauty Toiletries	www.gentlebodycare.co.uk	info@gentlebeauty.co.uk	0800 589 4706	Gentle Beauty, 10 Thomsett Road, London, SW18 4EW
Goodness Direct Food	www.goodnesdirect.co.uk	info@goodnesdirect.co.uk	0871 871 6611	South March, Daventry, Northants. NN11 4PH
Gossypium Clothes	www.gossypium.co.uk	_____	01273 472211	Gossypium, 19 High Street, Lewes, BN7 2NL
Graig Farms Food	www.graigfarm.co.uk	webenquiries@grraigfarm.co.uk	01686 627 979	Dolau, Llandrindod Wells, Powys, LD1 5TL
Green People Toiletries	www.greenpeople.co.uk	organic@greenpeople.co.uk	0140 3740 350	Pondtail Farm, Coolham Road, West Grinstead, West Sussex, RH13 8LN
Greenfibres Organic clothes and household	www.greenfibres.co.uk	mail@greenfibres.com	0180 3868 001	99 High Street, Totnes, Devon, TQ9 5PF
Greenshoes	www.greenshoes.co.uk	-----	01364 644036	Dart Mills, Old Totnes Road, Buckfastleigh, Devon, TQ11 0NF
Greenshop Decorating	www.greenshop.co.uk	enquires@greenshop.co.uk	01452 770629	The Greenshop, Calf Way, Bisley, Stroud, Gloucestershire, GL6 7BX
Gundrun Sjoden Clothes and fabric	www.gundrunsjoden.com/uk	order@gundrunsjoden.co.uk	0800 056 9912	PO Box 29018, Dunfermline KY11 8YF
Harlands Organic Furnishings	www.organic-furnishings.co.uk	info@organic-furnishings.co.uk	07944 738877	Action, London
Healthy House MCS products	www.healthy-house.co.uk	info@healthy-house.co.uk	0845 450 5950	The Old Co-op, Lower Street, Ruscombe Stroud, Gloucestershire, GL6 6BU
Hemp Fabric UK	www.hempfabric.co.uk	info@hempfabric.co.uk	01271 314812	Hemp Fabric UK, Kavella, Bishops Tawton, Barnstaple, Devon, EX32 0AP
Home Scents Laundry	www.homescents.co.uk	sales@homescents.co.uk	01434 607722	Unit 1 The Courtyard, Ochrelands, Hexham, NE46 1SB
Honour Your Flow Sanitary goods	www.honouryourflow.co.uk	info@honouryourflow.co.uk	01524 276402	Rigmaden Farm Cottages, Mansergh, Kirkby Lonsdale, Cumbria, LA6 2ET
I can Breathe Face masks	www.icanbreathe.com	icbmask@sbcglobal.net	001 773 643 1062	USA

Jalpur Millers <i>Sorghum and millet flour</i>	www.jalpurmillers.co.uk	info@jalpurmillers.co.uk	0116 2666206	137a Harrison Road, Leicester, LE4 6NP
Kingfisher <i>Toothpaste</i>	www.kingfishertoothpaste.co.uk	info@kingfishertoothpaste.com	01603 630484	White Lodge Estate, Hall Road, Norwich, NR4 6DG
Lakeland <i>Kitchen and household</i>	www.lakeland.co.uk	-----	01539 488100	Lakeland, Alexandra Buildings, Windermere, Cumbria, LA23 1BQ
Less EMF <i>Electro-sensitivity goods</i>	www.lessemf.com	lessemf@lessemf.com	001 518 432 1550	776B Watervliet Shaker Rd, Latham, NY 12110, USA
MyPure <i>Toiletries</i>	www.mypure.co.uk	enquires@mypure.co.uk	0845 456 0639	-----
NATorigin <i>Toiletries</i>	www.natorigin.co.uk	info@natorigin.co.uk	0845 838 6724	Butterflies Healthcare Ltd, 27 High Street, Middleton Cheney, Banbury, OX17 2PA
Natural Clothing	www.naturalclothing.co.uk	info@naturalclothing.co.uk	0845 3450498	The Rookery Studio, Highgate Works, Tomtits Lane, Forest Row, East Sussex, RH18 5AT
Natural Collection <i>Eco goods</i>	www.naturalcollection.com	info@naturalcollection.com	0845 3677 003	Natural Collection c/o Spark Etail Ltd, Follingsby Avenue, Follingsby Park, Gateshead, NE10 8HQ
Nearsea Naturals <i>Fabric</i>	www.nearseanaturals.com	info@nearseanaturals.com	001 877 573 2913	P.O. Box 345 Rowe, NM 87562 USA
Needs Inc <i>MCS products</i>	www.needs.com	-----	001 800 634 1380	3160 Erie Boulevard East, DeWitt, NY 13214, USA
Non Toxic <i>MCS products</i>	www.nontoxic.com	daliya@nontoxic.com	001 800 968 9355	3411 Golden Rain Road, Suite 3, Walnut Creek, CA 94595 CANADA
Nutri-Centre <i>Supplements</i>	www.nutricentre.com	admin@nutricentre.com	0208 7528 450	Unit 3, Kendal Court Kendal Avenue London W3 0RU
Organic Furniture	www.organicfurniture.co.uk	noble.jj@gmail.com	01672 851336	James Noble, Organic Furniture, Puckshipton House, Beechingstoke, Pewsey, Wiltshire, SN9 6HG
Osgrow <i>Meat</i>	www.osgrow.co.uk	sales@osgrow.com	0844 745 1408	Valley Business Park, Chew Road, Winford, Bristol, BS40 8HB
Osline <i>Ostrich meat</i>	www.osline.co.uk	info@osline.co.uk	01507 568885	White House Farm, Main Road, Moorby, Boston, PE22 7PL
Powerwatch <i>Electro-sensitivity advice</i>	www.powerwatch.org.uk	-----	0135 3778 422	2 Tower Road, Sutton, Ely, Cambs, CB6 2QA
Po-zu <i>Shoes</i>	www.po-zu.com	customerservice@po-zu.com	020 7263 7588	-----

Pure Nature <i>MCS products</i>	www.purenature24.co.uk	info@purenature24.co.uk	0800-1217330	PureNature GmbH, 324/326 Regent Street, Office 404, 4th Floor, London, W1B 3HH
Purity Organic Skincare	www.purityorganicskincare.co.uk	ben@purityorganicskincare.com	020 8879 2088	28 Westwood Road, London, SW13 OLA
Rawganique <i>Hemp products</i>	www.rawganique.com	rawganique.com@gmail.com	001 877 729 4367	Rawganique.com, Box 81, Denman Island, BC V0R1T0, CANADA
Refreshingly Free <i>MCS products</i>	www.refreshinglyfree.com	admin@refreshinglyfree.com	001 336-510-0585	Refreshingly Free, LLC, 6356 US Hwy 220 South, Asheboro, NC 27205, USA
REMAP <i>Charity who make things for disabled people</i>	www.remap.org.uk	-----	0845 130 0456	D9 Chaucer Business Park, Kemsing, Sevenoaks, Kent N15 6YU
Riverford Organics <i>Organic vegetables</i>	www.riverford.co.uk	help@riverford.co.uk	0180 376 2059	Buckfastleigh, Devon TQ11 0JU, UK
Safe Level <i>Outgassed and shielded computers</i>	www.safelevel.com	techco@me.com	001 800 222 3003	1950 NE 208 Terrace Miami FL 33179, USA
Sainsburys Supermarket	www.sainsburys.co.uk	Various stores nationwide, also online shopping	0800 636 262	Sainsbury's Supermarkets Ltd , 33 Holborn, London, EC1N 2HT
Sandra DenBraber Masks	www.lassentech.com/eimask.html	skdbrn@ticnet.com	001 817 469 9626	114 Ray Street, Arlington, TX 76010-2724, USA
Screwfix <i>DIY</i>	www.screwfix.com	-----	0500 41 41 41 (freephone)	various stores nationwide
Serenity Jewellery	www.serenityjewellery.co.uk	enquiries@serenityjewellery.co.uk	0147 3857865	Serenity, PO Box 889, Ipswich Suffolk IP1 9NS
So Organic <i>Toiletries</i>	www.soorganic.com	-----	0208 465 5600	So Organic (UK) Limited, High House, Rectory Lane, Leadenham, LN2 1PJ
Soap Nuts	www.soapnuts.co.uk	info@soapnuts.co.uk	020 8360 2597	PO BOX 65722, London, N21 9AW
Soladey <i>Ionic toothbrush</i>	www.soladey.com	info@soladeyuk.com	0845 055 1616	Evolved Products Ltd, The Barn Studios, Etchingam, East Sussex, TN19 7JP
Spirit of Nature <i>Eco goods</i>	www.spiritofnature.co.uk	-----	0844 576 0800	Unit 1 Follingsby Business Park, Follingsby Avenue, GATESHEAD, Tyne and Wear, NE10 8HQ
Sukin <i>Toiletries</i>	www.cressuk.com	-----	01440 786 644	Cress, Unit B1 Street Farm, North St, Hundon, Sudbury, Suffolk, CO10 8EE

Summer Naturals <i>Bulk soda, vinegar etc</i>	www.summernaturals.co.uk	-----	0161 3382256	Summer Naturals Moorland House, 211 Huddersfield Road, Stalybridge, Cheshire SK15 3DY
Suvarna Toiletries	www.suvarna.co.uk	-----	0169 5728 286	Suvarna, Beacon House, 1 Willow Walk, Skelmersdale, Lancashire, WN8 6UR
Tamar Organics Gardening	www.tamarorganics.co.uk	sales@tamarorganics.co.uk	0157 937 1182	Cartha Martha Farm Rezare, Launceston, Cornwall, PL15 9NX
Tapestry Knitwear	www.tapestryknitwear.co.nz	admin@possumdown.co.nz	0064 9 273 9669	PO Box 58-830, Botany, Manukau, New Zealand 2163
The Blue Sun Energy goods	www.thebluesun.co.uk	pat@thebluesun.co.uk	0157 0493 207	Llanfair Road, Lampeter, Ceredigion, SA48 8JZ
The Natural Skincare Company Ltd	www.thenaturalskincarecompany.co.uk	info@thenaturalskincarecompany.co.uk	01403 790913	The Natural Skincare Company Ltd, Stone House, Bashurst Copse, Itchingfield, West Sussex, RH13 0NZ
The Organic Baby Company	www.theorganicbabycompany.co.uk	-----	01253 701518	The Organic Baby Company, Banks Farm Cottage, Staynall Lane, Hambleton, FY6 9DT
There Must Be a Better Way Toiletries	www.thereustbeabetterway.co.uk	sales@theremustbeabetterway.co.uk	0118 9583 917	There Must Be a Better Way Ltd. Unit 5C, Weldale Street, Reading, Berkshire, RG1 7BX
The Solar Centre LEDs	www.thesolarcentre.co.uk	info@thesolarcentre.co.uk	01727 841014	Unit 5, Dencora Centre, Campfield Road, St Albans AL1 5HN
Tom's Gadgets Electro-Sensitivity goods	www.tomsgadgets.com	info@tomsgadgets.com	0845 456 2370	Unit 6, Pond Close, Walkern Road, Stevenage, SG1 3QP
Tree Harvest Food and oils	www.tree-harvest.com	enquiries@tree-harvest.com	01297 552 977	The Old Mill, by Umborne Bridge, Dolphin Street, Colyton, Devon, EX24 6LU
Waitrose Supermarket	www.waitrose.com	Various stores nationwide, also online shopping	0800 188 884	Waitrose Customer Sales and Support team, Waitrose Ltd, Doncastle Road, Bracknell Berkshire, RG12 8YA
Wild Meat Company	www.wildmeat.co.uk	robert@wildmeat.co.uk	01728 663 211	Lime Tree Farm, Blaxhall, Woodbridge, Suffolk, IP12 2DY
Wirelessfacts and 'dirty electricity'	www.wirelessfacts.co.uk	info@wireless-protection.org	0120 0445 475	Bank Top, Kiln Lane, Paythorne, BB7 4JD
York test Food sensitivity testing	www.yorktest.com	customercare@yorktest.com	0800 0746 185	York Science Park, York, YO10 5DQ